

September 2012

Hi Lites of Lutheran Manor





Mark Your Calendar



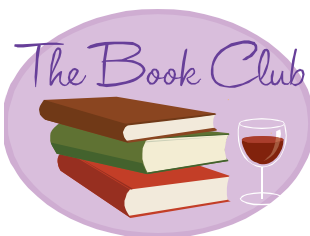
SEPT. 01	(SATURDAY)	COFFEE & DONUTS	8-11 AM	LOUNGE
SEPT. 01	(SATURDAY)	PINOCHLE PARTY	12:30 PM	LOUNGE
SEPT. 03	(MONDAY)	OFFICE CLOSED	(LABOR DAY)	
SEPT. 03	(MONDAY)	LABOR DAY PICNIC (Entertainment: Scott Miller)	1:00 PM	LOUNGE
SEPT. 06	(THURSDAY)	BLOOD PRESSURE	6:00 PM	LOUNGE
SEPT. 10	(MONDAY)	OFFICERS COMMITTEE MTG.	1:30 PM	CONFERENCE RM.
SEPT. 11	(TUESDAY)	GENERAL MEETING	2:00 PM	LOUNGE
SEPT. 12	(WEDNESDAY)	MASSAGE THERAPY	9:00 AM	CONFERENCE RM.
SEPT. 13	(THURSDAY)	SPEAKER –Veteran’s Benefits	10:00 AM	LOUNGE
SEPT. 15	(SATURDAY)	SOUP & HOT DOGS	11:00 AM	LOUNGE
SEPT. 16	(SUNDAY)	SOCIAL EVENING Dale Sine (Melody Aces)	6:00 PM	LOUNGE
SEPT. 18	(TUESDAY)	SPEAKER – Nutrition for Older Adults	10:00 AM	LOUNGE
SEPT. 19	(WEDNESDAY)	BOOK CLUB	2:00 PM	PATIO
SEPT. 19	(WEDNESDAY)	BIRTHDAY PARTY (Entertainment: LV Folk Society)	5:00 PM	LOUNGE
SEPT. 25	(TUESDAY)	SPEAKER – Gadgets & Gizmos Simple Solutions for Everyday Living	11:00 A.M.	LOUNGE
SEPT. 26	(WEDNESDAY)	MASSAGE THERAPY	9:00 AM	CONFERENCE RM.

WEEKLY EVENTS

Knitting Group	Every Sunday	2:00 PM	Patio
Exercise	Every Mon. & Wed.	10:00AM	Lounge
Bingo	Every Monday	6:00 PM	Lounge
Bible Study	Every Wednesday	1:00 PM	Patio
Poker League	Every Wednesday	6:30 PM	Patio
Life Bio	Every Thursday	10:00AM	Patio
Wood Carving	Every Thursday	8:00 AM	Maint. Shop
Yoga	Every Friday	1:00 PM	Patio
WII Bowling League	Every Friday	5:30 P.M.	Lounge
Shuffleboard League	Every Thursday	6:00 P.M.	Patio

The Lutheran Manor Book Club will meet in the patio at 2 p.m. on **Wednesday, Sept. 12th.**

Hi Everyone, Say have you read a good book lately? If so we'd love to hear about it. Why not come to a meeting of the book club. We always welcome new members who share in our love of reading.



Nancy will be teaching
Getting started with the
computer



Please sign up with Debbie for classes

Classes will be held: Wed. 9/05 & Wed. 9/12 from 6-8 p.m.

FLU SHOTS

will be given on Monday October, 15th. More information and the form you need to fill out will be included in your October Newsletter.



HAPPY BIRTHDAY
Birthday Party!!
Wednesday, September 19
Cake and *Coffee* at 5 p.m.
Entertainment 6 p.m.
Lehigh Valley Folk Society
50/50 drawing
Coordinator: Shirley Kern

Evening Gathering

Sunday, September 16th, 6-8 P.M.

Light Refreshments will be served

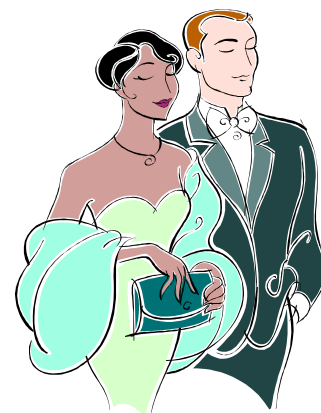
50/50 Drawing

Entertainment by: Dale Sine

& the Melody Aces

Please make a Good

Will Offering



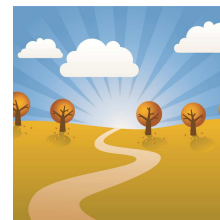
A Note from the Manager...

I am pleased to have the new staff as part of our Lutheran Manor team. Everyone has been so friendly and welcoming to them, I am very thankful for that.

Remember, as of August 15th we went smoke-free in our building. If you suspect someone smoking in their apartment, please report it to the Management Office and we will investigate. Please do not take matters in your own hands or accuse anyone. The smoking shelter should be completed by mid-September. This shelter will be used for inclement weather, and will be locked at all times. Please use your white "fob" to unlock the glass shelter. The entire new landscaped area is for ALL tenants to enjoy and utilize.

The weather will be getting cooler, enjoy the breeze and go for relaxing walks around the property....

Courtney Doheny



A Note from the Assistant Manager ...

I would like to take this opportunity to say, "Hello to all!" I am very excited to join the staff of Lutheran Manor as the Assistant Manager. Since it is a newly created position, I have some ability to chart my own course...and I want to be a hands-on manager. So please feel free to approach me with your suggestions and ideas.

I believe that one person can make a difference and I hope to make an impact in all of your lives. I hope to be able to enhance the quality of life for our residents here at Lutheran Manor as I listen to and react to the concerns of our residents. I also want to make our neighbors in the Lehigh Valley aware of who we are and what we have to offer. From what I have seen in a short period of time, Lutheran Manor is a great place to live. I want it to be the Best place to live in the Lehigh Valley!

To give you a little bit of background about me, I have a Bachelor of Science degree in Marketing /Management from Bentley University in Waltham, MA. I am a native of Connecticut and have an extensive background in property management from those CT days. I have been involved with everything from 3 and 4 unit rental properties to the renovation of a section 8 building and the conversion of a hotel to a 49 unit apartment complex with storefronts. Since relocating to Bethlehem with my husband and two sons in 1997, I have been employed primarily in the healthcare field working with both medical and non-medical home care companies that provide services to elderly, disabled, and homebound folks. I look forward to meeting and working with all of you in the coming days, weeks and months.

Mona Finnigan

Assistant Property Manager



Coffee & Donuts

Saturday, September 1st

8 to 10 a.m.

\$1.75 coffee & donut

.75 additional donut



The Snack Stand

Snacks available

Beginning Sept. 5

Mondays & Wednesdays

from 3 to 6 p.m.



Soup & Hot Dogs

Saturday, Sept. 15th

11 a.m. to 1 p.m.

SOUP: Chicken Noodle \$2.00

HOT DOGS:

Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

DESSERT: Ice Cream \$2.50

Candy will also be sold

50/50 Drawing

Entertainment:
The Marty & His Wife

Friends and Family
Welcome!



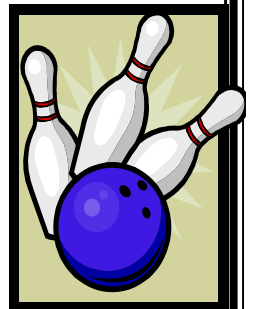
WII Bowling League

Come join the WII bowling league. Friday Nights at 5:30

Beginning Sept., 7th

Contact Donnie Byington in Apt. 1101 for more information

Stop down and cheer on the bowlers





Information From Debbie



Veteran's Benefits

Thurs., Sept. 13, 10 a.m.



Did you know that as a veteran or the spouse of a veteran you are eligible for various benefits? Learn more about what you may be able to receive from home health care to long term care with Thomas Dye, Director of Veterans Affairs of Lehigh County.



Manor Care Nutrition for Older Adults

**Tues. Sept. 18,
10 a.m.**

Come to this informative talk about Nutritional needs for the older adult. As we grow older, our nutritional needs change. Learn how you can eat healthier and feel better.

Home Watch Caregivers

Wednesday Sept. 25th at 11 a.m.

Belinda Gordon will be here to talk about Gadgets & Gizmos that will help simplify everyday life. Light refreshments will be served.



A Note from the Service Coordinator...

Hello Everyone, I would like to introduce myself. I am Debbie Rauch, your new Service Coordinator. I am thrilled to be a part of the great team here at Lutheran Manor. A lifelong resident of Bethlehem, I am married with three grown Daughters and most recently a new Son-in-law and a new Grandson.

I have worked with seniors since 1995 in such capacities as Manager of a Senior Apartment Community and Director of a Senior Center for the Northampton County Area Agency on Aging.

I am very passionate about Senior Citizens and my goal is to provide you with information and education which will enable you to age in place and live independently longer.

I look forward to meeting all of you in the coming weeks. Please stop by and say Hello.

Debbie Rauch

Service Coordinator





Years ago, while our new house was nearing completion, my wife, three young children and I decided to sleep over in our new home. It was more like camping with sleeping bags, flashlights, etc. I remember lying on the dining room floor looking up at the attractive lighting fixture....while we burned candles for illumination because the house hadn't yet been hooked up to the power source outside.

Sometimes we are like that house. We seem to have all the proper Christian attributes, but we are weak and helpless, the victims of doubt and temptation. We have failed to attach ourselves to the power source. Paul says grace and peace come from God and from Jesus Christ. Jesus told his disciples that apart from him they could do nothing, and we are in the same situation. We must be attached to God, the source of all power. We are dependent on Him for all good things.

-Chaplain Clark

WORSHIP SCHEDULE

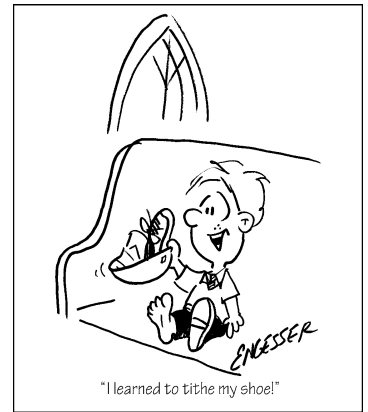
SEPTEMBER, 2012-2 pm in the Lounge

Tues. Sept. 4- Father. Pat Lamb-Notre Dame RC Church

Thurs. Sept. 13 -Rev Tony Pompa -Cathedral Church of the Nativity

Thurs. Sept. 20- Rev Kevin Fetterhoff -Bethany Wesleyan,Cherryville

Thurs. Sept. 27 -Rev. Chris Eichorn Trinity Lutheran, Hecktown

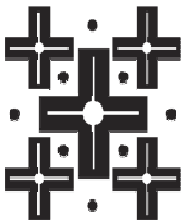


BIBLE STUDY - Wednesdays at 1 pm in the Patio.

Immediately following (approximately 2 pm) we will have an opportunity to view a series entitled "The Truth Project." This DVD series (a Biblical study to encounter God and know Him more deeply) will occur only on those Wednesdays when there are no conflicts with other activities in the patio or lounge area.

Come join us for Bible Study and/or the DVD series.

LIFE BIO will not meet for the month of September. More about this in the October's *HiLites*.



IRISH PRAYER: I arise today through a mighty strength: God's power to guide me, God's might to uphold me, God's eyes to watch over me; God's ear to hear me, God's word to give me speech, God's hand to guard me, God's way to lie before me, God's shield to shelter me, God's host to secure me.

Massage Therapy

Wed., Sept. 12th
Wed., Sept. 26th
9 a.m. to 2 p.m.

Massage Therapist, Jenn Terry, will be here to offer half hour or hour massage sessions

Sign up with Debbie if you would like to schedule an appointment.



SAVE THE DATE !!!

USO DANCE

LVAIP 6TH ANNUAL

“USO DANCE



Thursday, October 11, 2012 1-4 p.m.

Fearless Fire Company

“Starlite Ballroom”

Free Admission

Come to Dance or Just Listen

Light Refreshments will be served

Live Music

Presented by: Lehigh Valley Aging



Lehigh Football Game
Saturday, October 20th

Lehigh vs. Bucknell

This is the
Homecoming Game

See Don Byington Sr.
in Apt.# 508 to sign-up
and for more Information
Tickets \$8.00, payable in
Advance, No Refunds



Shuffleboard League

Every Thursday at 6 p.m.
Beginning 9/13 in the Patio
Come and try your hand
at a fun game.

UPCOMING EVENTS

REMINDER

Labor Day Picnic



Monday, September 3, 2012

Doors open at Noon

Buffet served 1 p.m. in the Lounge

Entertainment at 2 p.m. Scott Miller

Check your August Hi Lites for more Information.

Ronnie Clifford-Coordinator

Halloween Party



Sunday 10/28- 5:00 p.m. More information and sign-up sheet will be in the October Newsletter.

Thursday, 11/01- Anniversary

Party More information to follow in the October Newsletter.

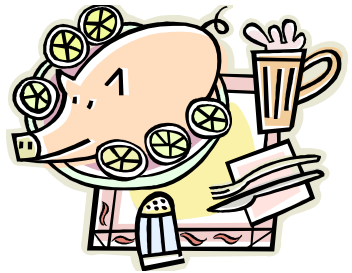
Save the Dates

Saturday, 10/06- Oktoberfest Pig Roast, Jacob's

Church New Tripoli 4-7 p.m. Cost \$10.00 per person.

Enjoy a delicious home-cooked meal which includes:

Fresh roasted pork, Baked potato. Baked beans, Pepper cabbage, Applesauce, Homemade dessert.



Saturday, 10/13- Oktoberfest at Steel Stacks/Daschund Races

Cost \$6.00 per person. Experience an authentic German Oktoberfest with a Pennsylvania flair. Highlighting the event is the 100 ft. by 240 ft. Yuengling Festhalle tent at PNC Plaza featuring German food, beer and German rock and polka music. Also you can see the Daschund races. If you have never seen one of these cute little "hot" doggies run you are in for quite a treat.



Van Trips



October 2012

DATE	TRIP	TIME
Oct. 3 (Wednesday)	Banks; CVS; Store; PO	9:30 a.m. _____
Oct. 4 (Thursday)	Borderline Rest. For Breakfast	9:00 a.m. _____
Oct. 5 (Friday)	Weis	9:30 a.m. _____
Oct. 6 (Saturday)	Pig Roast	3:00 p.m. _____
Oct. 9 (Tuesday)	Valley Farm Mkt.	9:30 a.m. _____
Oct.10 (Wednesday)	Leesport Flea Mkt./Lunch	9:30 a.m. _____
Oct.11 (Thursday)	USO Dance (Free)	12:00 p.m. _____
Oct.13 (Saturday)	Oktoberfest/Dachshund Races Steel Stacks	12:00 p.m. _____
Oct.16 (Tuesday)	Matey's Spaghetti Night	3:30 p.m. _____
Oct.18 (Thursday)	Red Robins/Rave Movie Theater or Shopping @ Promenade Shops	11:00 a.m. _____
Oct.20 (Saturday)	Lehigh Football Game (See Don for Tickets)	10:45 a.m. _____
Oct. 22 (Monday)	Dinner at the Palace Diner	3:30 p.m. _____
	You May Only Choose One Date for the Palace Diner	
Oct.24 (Wednesday)	Dinner at the Palace Diner	3:30 p.m. _____
Oct.26 (Friday)	Allentown Farmers Mkt./ Ritz Ice Cream	9:30 p.m. _____
Oct.29 (Monday)	Breakfast/Target/AC Moore/ Christmas Tree Shop	9:30 a.m. _____
Oct. 31(Wednesday)	Hometown Flea Mkt./Lunch	9:30 a.m. _____

Bring this completed sheet to Debbie's office after 9 a.m. the first morning the office is open after you receive your newsletter.

NAME: _____ APT#: _____

Please note: There are no unscheduled stops on any trip. The van will only go to the places listed on the schedule. Do not ask the driver to deviate from the schedule.

September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:00 Coffee & Donuts 12:30 Pinochle Party
2 2:00 Knitting Group	3 OFFICE CLOSED 1:00 LABOR DAY PICNIC	4 2:00 Rev Pat Lamb Notre Dame RC Church	5 10:00 Exercise 1:00 Bible Study 6:00 Computer Class 6:30 Poker League	6 6:00 Blood Pressure	7 1:00 Yoga 5:30 Will Bowling	8 15 11:00 a.m. Soup & Hot Dogs. (Entertainment: Marty & His Wife)
9 2:00 Knitting Group	10 10:00 Exercise 1:30 Committee Meeting	11 2:00 General Council Meeting	12 9:00 Massage Therapy 10:00 Exercise 1:00 Bible Study 6:00 Computer Class 6:30 Poker League	13 10:00 Speaker-Veterans Benefits 2:00 Rev. Tony Pompa Cathedral Church of the Nativity	14 1:00 Yoga 5:30 Will Bowling	15 22 2:00 Rev. Kevin Fetherhoff Bethany Wasleyan Church Cherryville
16 2:00 Knitting Group	17 10:00 Exercise 6:00 Bingo	18 10:00-Speaker-Nutrition for Older Adults	19 10:00 Exercise 1:00 Bible Study 2:00 Book Club 5 p.m. Birthday Party 6:30 Poker League	20 6:00 Shuffleboard League	21 1:00 Yoga 5:30 Will Bowling	22
23 2:00 Knitting Group	24 10:00 Exercise 6:00 Bingo	25 11:00-Speaker-Gadgets & Gizmo's (Simple Solutions for Everyday Living)	26 10:00 Exercise 9:00 Massage Therapy 1:00 Bible Study 6:30 Poker League	27 2:00 Rev. Chris Eichorn Trinity Lutheran Hecktown 6:00 Shuffleboard	28 1:00 Yoga 5:30 Will Bowling	29
30 2:00 Knitting Group						